

In order to get you off to a great start on your CAS (Creativity, Activity, Service) journey your junior year, we are asking that you complete **10 hours** of service during the summer. Service organizations should be pulled from the same “Community Partners” list that you have used your freshman and sophomore years. We will input this service into the ManageBac program on the first Resource Day of the school year. This service must be complete by this deadline to earn participation points for that day. Below is the information that you should record based on your summer experience. (for EACH organization, complete the following)

What did you do?

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|--|--|
| Your Name | |
| Name of organization you served | |
| Description of the organization (what is the bigger purpose/mission statement) | |
| List the dates and times your served | |
| Describe specifically what you did | |
| Supervisor’s name | |
| Supervisor’s phone number | |
| Supervisor’s e-mail address | |

What did you learn?

Learning Outcomes (Each must be met ONCE over the course of Jr/Sr years.) 2/3 maximum

| Outcome | Description of outcome |
|--|---|
| 1. Identify personal strengths and develop areas for growth | What did you become aware of during your experience? Were you good at something and found a strength that you have? Or, did you learn you need to improve on something? Explain. |
| 2. Undertaken new challenges and develop new skills in the process | Was this a new challenge or skill for you? If so, explain. Or, is this something you already do, but you moved to a higher level or set a new goal? If so, explain. |
| 3. Demonstrate how to initiate and plan a CAS experience | What planning did you have to put into this activity before you actually participated? Explain this planning. |
| 4. Shown commitment and perseverance in CAS experiences | Was this something you attended regularly? (e.g. once each week all summer) If so, be sure to keep a log of dates and times. |
| 5. Recognize the benefits of working collaboratively with others | Did you work with others? What was your contribution? What was the overall purpose? What did you learn during this process? |
| 6. Engaged with issues of global significance | Was this an international project, or a global issue (environment, elderly) that you worked on locally? If so, explain. How does your experience benefit the world? |
| 7. Recognize and consider the ethics of choices and actions | If you thought about something ethical during your experience, include this as part of your reflection. Show awareness of the potential and varied consequences of choices and actions. |